

S.C.C.U. EASTERN DISTRICT JUNIOR/SERIOR RELAY CHAMPIONSHIP
for the MCKENZIE TROPHY SPONSORED BY BRIGGS PAVING, ABERDEEN,
NOVEMBER 6th, 1976

				M	S
1st	NO. 14 EAC 'A' TEAM	R. Knowles	5	11	30
		P. Forbes	1	11	01
		A. Wright	2	11	37
		A. McKean	1	10	37 44m. 45s
2nd	NO. 27 F.V.H. 'A' TEAM	J. McGarva	2	11	10
		B. Morton	4	11	41
		J. Dingwall	1	11	06
		W. Day	2	11	13 45m. 10s
3rd	NO. 1 ABERDEEN A.C. 'A' TEAM	G. Milne	1	11	06
		G. Laing	2	11	30
		D. Buchan	3	11	37
		M. Edwards	3	11	26 45m. 39s
4th	NO. 29 FIFE AC. 'A' TEAM	D. McGregor	3	11	14
		P. Hay	3	11	26
		A. McIntosh	4	11	42
		I. Graves	4	11	22 45m. 44s
5th	NO. 5 ABERDEEN UNIV. H.H. 'A' TEAM	R. Maughan	7	11	33
		M. Wyncken	5	11	34
		S. Taylor	6	12	63
		F. Clyne	5	11	08 46m. 18s
6th	NO. 15 E.A.C. 'B' TEAM	D. Hunter	10	11	41
		R. Morris	7	11	42
		G. Millar	5	11	29
		J. McIntosh	6	12	52 47m. 44s
7th	NO. 18 E.S.H. 'A' TEAM	L. Marshall	18	12	41
		M. Craven	10	11	23
		I. McKenzie	14	13	16
		A. Blamire	7	11	00 48m. 20s
8th	NO. 37 ST ANDREWS UNIV. 'A' TEAM	D. Easton	6	11	32
		M. Anderson	6	11	36
		A. Greer	7	12	40
		I. Main	8	13	05 48m. 53s
9th	NO. 41 TEVIOTDALE H 'A' TEAM	A. Samuel	11	11	47
		A. Oliver	14	12	41
		R. Hodgins	12	12	25
		J. Murray	9	12	11 49m. 04s
10th	NO. 9 DUNDEE HAWKILL H. 'A' TEAM	C. Haskett	9	11	37
		R. Oliver	13	12	43
		B. Angus	9	12	10
		S. Thiel	10	12	37 49m. 07s
11th	NO. 28 FALKIRK V.H. 'B' TEAM	M. Logue	12	11	53
		A. Pender	9	12	07
		R. Adams	8	12	24
		D. Tkocz	11	12	54 49m. 18s
12th	NO. 6 ABERDEEN UNIV. 'B' TEAM	L. Walker	4	11	29
		D. Maughan	12	12	40
		N. Robinson	10	12	28
		J. Lanont	12	13	13 49m. 50s
13th	NO. 33 HERIOT WATT UNIV.	D. McDonald	14	12	15
		J. Bury	16	12	39
		R. Caldwell	15	12	41
		G. Bell	13	12	18 49m. 53s
14th	NO. 30 FIFE A.C. 'B' TEAM	R. Chapman	8	11	35
		R. Morrison	8	12	25
		D. Francis	11	12	47
		J. Linton	15	13	52 50m. 39s

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15th	NO. 11 DUNDEE UNIV. 'A' TEAM	T. Davidson	16	12	36
		S. Mackay	17	12	38
		A. Caird	17	13	06
		G. Swan	17	13	09 51m. 23s
16th	NO. 16 E.A.C. 'C' TEAM	D. Reid	20	13	24
		S. Walker	24	14	14
		R. Pryor	18	12	23
		M. Lake	19	12	49 52m. 50s
17th	NO. 38 ST ANDREWS UNIV. 'B' TEAM	S. Pickles	22	13	27
		I. Mitchell	19	13	06
		G. McLaren	22	14	16
		A. Mathews	21	13	46 54m. 35s
18th	NO. 12 DUNDEE UNIV. 'B' TEAM	N.R. Hay	19	13	07
		M. Dunn	23	14	13
		T. Calder	24	13	24
		M. Hargreaves	24	15	30 57m. 14s
19th	NO. 7 ABERDEEN UNIV. 'C' TEAM	M. McCollan	23	13	28
		T. Hillis	21	13	46
		R. Stuart	23	13	41
		C. McLeod	25	17	46 58m. 41s
R.N.F. No. 23	EDINBURGH UNIV. H. & H. 'D' TEAM	G. Ross	21	13	26
		W. Sinclair	22	13	52

DISQUALIFIED

No. 2	ABERDEEN AAC 'B' TEAM	L. Walker	13	11	59
		A. Kemp	11	12	07
		D. Oliver	13	13	04
		R. Fraser	14	13	11 50m. 21s
No. 3	ABERDEEN AAC 'C' TEAM	G. Hitchie	26	15	31
		R. Masson	26	13	34
		N. Howarth	25	13	29
		W. Ewing	23	12	49 55m. 23s
No. 20	EDINBURGH UNIV. H. & H. 'A' TEAM	G. Morrison	17	12	40
		J. Robertson	18	13	27
		R. Thomas	19	13	55
		R. Avi-Ran	18	12	36 52m. 38s
No. 21	EDINBURGH UNIV. H. & H. 'B' TEAM	N. Binnie	25	13	29
		P. Blessington	25	13	54
		D. Timmis	20	12	32
		C. White	20	13	33 53m. 48s
No. 22	EDINBURGH UNIV. H. & H. 'C' TEAM	R. Smith	24	13	40
		C. Whyte	20	13	21
		M. Laine	21	13	18
		J. Moorhouse	22	14	26 54m. 45s

FASTEST TIMES

1	A. McKean,	EAC	10m37s	6	J. McGarva	FUH	11m10s
2	A. Blamire,	ESH	11m00s	7	W. Day	FUH	11m13s
3	P. Forbes,	EAC	11m01s	8	D. McGregor	FIFE AC	11m14s
4	J. Dingwall	FUH	11m06s	9	I. Graves	FIFE AC	11m22s
	J. Milne,	AAC	11m06s	10	M. Craven	ESH	11m23s
5	F. Clyne	A.U.H.&H	11m08s	11	P. Hay	FIFE AC	11m26s
					M. Edwards	AAC	

S.C.C.U. EASTERN DISTRICT YOUNG ATHLETES RELAY CHAMPIONSHIP
SPONSORED BY BRIGGS PAVING, ABERDEEN 6th NOVEMBER, 1976

				Place		Time		Total Time
						M.	S.	
1st	No. 9	EAC 'A' TEAM	H. Robertson	1	8	54		
			T. Miller	1	8	41		
			N. Jones	1	7	56		25m. 31s
2nd	No. 15	ESH 'A' TEAM	D. Slessor	6	9	09		
			J. Gladwin	2	8	26		
			K. Harkness	2	8	17		25m. 52s.
3rd	No. 1	ABERDEEN AAC 'A' TEAM	R. Cresswell	5	9	06		
			K. Smart	4	8	47		
			R. Mitchell	3	8	09		26m. 02s.
4th	No. 5	CENTRAL REGION AAC 'A' TEAM	M. Walker	2	8	56		
			G. Paterson	7	9	08		
			J. Fisher	4	8	09		26m. 13s.
5th	No. 10	E.A.C. 'B' TEAM	C. Irvine	10	9	29		
			G. Watson	11	9	10		
			D. Ross	5	7	51		26m. 20s.
6th	No. 21	FALKIRK V.H. 'A'	G. Grindley	3	8	56		
			J. Pentecost	3	8	52		
			M. Todd	6	8	50		26m. 38s.
7th	No. 6	CENTRAL REGION AAC 'B' TEAM	I. Johnstone	8	9	21		
			S. Arnold	9	9	01		
			I. Torrance	7	8	19		26m. 41s.
8th	No. 22	FALKIRK V.H. 'B' TEAM	K. Maxwell	4	8	58		
			S. Todd	5	9	01		
			D. Gibson	8	8	50		26m. 49s.
9th	No. 16	ESH 'B' TEAM	D. Alessandro	9	9	25		
			J. Steel	6	8	36		
			C. McLennan	9	9	06		27m. 07s.
10th	No. 2	ABERDEEN AAC 'B' TEAM	D. Stephen	7	9	12		
			E. Jenkins	8	9	08		
			R. McInnes	10	9	12		27m. 32s.
11th	No. 11	EAC 'C' TEAM	D. Cross	9	9	57		
			S. Duck		9	17		
			R. Baker		8	24		27m. 38s.
12th	No. 7	CENTRAL REGION AAC 'C' TEAM	K. Cook	13	9	34		
			R. Arnold	13	9	19		
			G. Marshall	12	9	00		27m. 53s.
13th	No. 17	ESH 'C' TEAM	G. Cranston	12	9	31		
			G. Mathieson	10	9	02		
			H. Miller	13	9	20		27m. 53s.
14th	No. 12	EAC 'D' TEAM	M. Cant	14	9	46		
			P. Masterton	15	9	38		
			D. Main	14	9	22		28m. 46s.
15th	No. 18	ESH 'D' TEAM	J. Anderson	16	9	54		
			J. Blues	12	8	57		
			L. Watt	15	10	19		29m. 10s.
16th	No. 13	EAC 'B' TEAM	S. Brown	20	10	29		
			K. Black	17	9	24		
			C. Keir	16	9	18		29m. 11s.
17th	No. 23	FIFE AC 'A' TEAM	G. Smith	21	10	34		
			P. Letman	19	9	52		
			J. Ness	17	8	47		29m. 13s.

18th	No. 19	E.S.H. 'E' TEAM	A. Dalgleish	19	10	12		
			D. Brodie	18	9	57		
			D. Scott	18	9	47		29m. 56s.
19th	No. 25	GALA HARRIERS 'A' TEAM	S. Sibbald	22	11	15		
			C. Renton	22	9	34		
			P. Croan	19	9	07		29m. 56s.
20th	No. 4	ABERDEEN A.A.C. 'D' TEAM	I. Robertson	15	9	49		
			F. Dunphy	20	10	39		
			A. Cameron	20	10	01		30m. 29s.
21st	No. 8	CENTRAL REGION AAC 'D' TEAM	S. Cruickshank	24	12	00		
			M. Stewart	23	9	30		
			W. Walton	22	9	58		31m. 28s.
22nd	No. 20	GALA HARRIERS 'B' TEAM	J. Taylor	23	11	31		
			R. Sibbald	24	11	03		
			K. Donaldson	23	9	43		32m. 17s.
D.N.F.	No. 3	ABERDEEN AAC. 'C' TEAM	R. Parsons	11	9	29		
			S. Smith	15	10	03		
			K. Lyon					

<u>DISQUALIFIED</u>								
	No. 14	E.A.C. 'F' TEAM	J. Blair	18	9	58		
			M. Knox	21	10	41		
			I. Buckingham	21	9	55		30m. 34s.

FASTEST TIMES:

<u>Junior Boys:</u>		1	N. Robertson	EAC	8	54s
		2	G. Grindley	FVH	8	56
			M. Walker	CRAC		
<u>Senior Boys:</u>		1	J. Gladwin	ESH	8	26
		2	J. Steel	ESH	8	36
		3	T. Miller	EAC	8	41
<u>Youths:</u>		1	D. Ross	EAC	7	51
		2	N. Jones	EAC	7	56
		3	R. Mitchell	AAAC	8	09
			J. Fisher	CRAC		

EASTERN DISTRICT CROSS-COUNTRY RELAY CHAMPIONSHIPS

Edinburgh AC won the Eastern District 4 x 2½ mile CC relay championship at Aberdeen on November 6th thanks to Andy McKean recording the fastest lap of the day to overtake a consistent Falkirk Victoria team on the last lap, while their young athletes team made it a double victory when they defeated city rivals ESH after leading all the way.

Aberdeen AAC, who ably organised the meeting in their home town, were disappointed at the extremely poor response of only 25 teams starting in the Senior championship—only half the expected 60 to 70 teams that usually participate in this event when held further south. With their own high standard of travelling to races throughout Scotland, Aberdeen athletes and

officials had cause to be surprised that ESH—likely winners and a club that could be expected to field at least four teams in normal circumstances—fielded only two runners. Only making up a team with the aid of two club officials, they struggled to finish in seventh place. Many other clubs did not even bother to field a team at all.

The race itself was eventful, with positions changing throughout as Aberdeen, Edinburgh AC and Falkirk Victoria led on successive laps before McKean outclassed everyone to bring his club home winners by a margin of 150y. Graham Milne (Aberdeen) led by 20y from John McGarva (FVH) at the end of the first lap with former Olympic marathoner Don Macgregor (Fife) a close up third and displaying speed to give him a place in the fastest ten times. Paul Forbes had one of his better days to bring Edinburgh AC from fifth, establishing a 5 sec lead from Aberdeen with Fife still third. Jim Dingwall lifted Falkirk Victoria from fourth to first, establishing a lead of 11 sec from Alec Wight (EAC) with Aberdeen third, only to see McKean overtake Bill Day with his record lap of the day. Alastair Blamire recorded the second fastest lap of the day (11:00) when lifting ESH from 14th to a more respectable seventh on the last lap.

1, Edinburgh AC (R. Knowles 11:30, P. Forbes 11:01, A. Wight 11:37, A. McKean 10:37) 44:45;

2, Falkirk Victoria (J. McGarva 11:10, B. Morton 11:41, J. Dingwall 11:06, W. Day 11:13) 45:10;

3, Aberdeen (G. Milne 11:06, G. Laing 11:30, B. Buchan 11:37, M. Edwards 11:26) 45:39;

4, Fife (D. Macgregor 11:14, P. Hay 11:26, A. McIntosh 11:42, I. Graves 11:22) 45:44;

5, Aberdeen Univ (R. Maughan 11:33, M. Wynaken 11:34, S. Taylor 12:03, F. Clyne 11:08) 46:18;

6, EAC 'B' (D. Hunter 11:41, R. Morris 11:42, G. Miller 11:29, J. McIntosh 13:02) 47:54;

7, ESH 48:20; 8, St Andrews Univ 48:53; 9, Teviotdale 49:04; 10, Dundee Univ 49:07; 11, Falkirk Victoria 'B' 49:18; 12, Aberdeen Univ 'B' 49:50; 13, Heriot Watt Univ 49:53; 14, Fife 'B' 50:39; 15, Dundee Univ 'B' 51:23.

Fastest: McKean 10:37, A. Blamire (ESH) 11:00, Forbes 11:01, Dingwall 11:06, Milne & Clyne 11:08.

Young Athletes 3 x 1½ Miles

1, EAC (N. Robertson 8:54, T. Miller 8:41, N. Jones 7:56) 25:31; 2, ESH (D. Slessor 9:09, J. Gladwin 8:26, K. Harkness 8:17) 25:52; 3, Aberdeen (R. Cresswell 9:06, K. Smart 8:47, R. Mitchell 8:09) 26:02; 4, Central Region 26:13; 5, EAC 'B' 26:30; 6, Falkirk Victoria 26:38; 7, Central Region 'B' 26:41; 8, Falkirk Victoria 'B' 26:49; 9, ESH 'B' 27:07; 10, Aberdeen 'B' 27:32.
Fastest (Junior Boys): Robertson 8:54, G. Grindley (FVH) 8:56, M. Walker (CR) 8:56.
(Senior Boys): Gladwin 8:26, J. Steel (ESH 'B') 8:36, Miller 8:41.
(Youths): D. Ross (EAC 'B') 7:51, Jones 7:56, R. Mitchell (Aber) & J. Fisher (CR) 8:09.